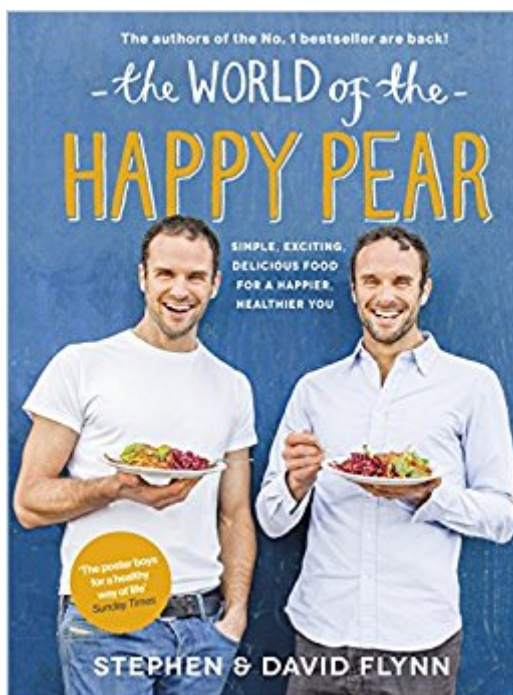


The book was found

The World Of The Happy Pear



Synopsis

NO 1 BESTSELLER AND WINNER COOKBOOK OF THE YEAR AT THE 2016 IBAS! 'These lovely boys always create incredibly tasty food.' Jamie Oliver David and Stephen Flynn put fun, deliciousness and friendship at the heart of their cooking. By showing that vegetarian food is endlessly varied, packed full of flavour and amazingly easy to prepare they want to spread the love for fruit and veg! The World of the Happy Pear is inspired by David and Stephen's family, friends and the international team at their legendary café. It includes over 100 mouth-watering and totally doable recipes - like Grilled Halloumi Burger with Sweet Chilli Ketchup and a Garlic Tahini Mayo ... Fennel, Ruby Grapefruit, Avocado and Blueberry Salad ... Chocolate and Salted Caramel Tart. There is advice on getting children to love the stuff that's good for them and top tips on the tasty vegetarian approach to everything from BBQs and burgers to ice cream and Pavlova. Become part of the world of the Happy Pear and discover a feast of healthy yummy food that will transform your eating! 'The poster boys for a healthy way of life!' Sunday Times 'A healthy eating phenomenon' Mail on Sunday 'These twins are on a roll' Time Out '[They] couldn't look healthier or happier ... poster boys for vegetarianism' The Times

Book Information

Hardcover: 272 pages

Publisher: Penguin Ireland; UK ed. edition (July 26, 2016)

Language: English

ISBN-10: 0241975530

ISBN-13: 978-0241975534

Product Dimensions: 7 x 0.8 x 9.4 inches

Shipping Weight: 1.8 pounds

Average Customer Review: 5.0 out of 5 stars 16 customer reviews

Best Sellers Rank: #208,345 in Books (See Top 100 in Books) #16 in Books > Cookbooks, Food & Wine > Regional & International > European > Irish #101 in Books > Cookbooks, Food & Wine > Special Diet > Heart Healthy #282 in Books > Cookbooks, Food & Wine > Special Diet > Vegetarian & Vegan > Non-Vegan Vegetarian

Customer Reviews

David and Stephen Flynn's first cookbook The Happy Pear was a No 1 bestseller and has sold over 100,000 copies. Their next book, The World of the Happy Pear, has also been a No 1 bestseller and has sold over 50,000 copies since its June 2016 publication. The two books have revolutionized the

make eating healthy very easy!!

[Download to continue reading...](#)

The World of the Happy Pear The Happy Pear: Healthy, Easy, Delicious Food to Change Your Life
Happy, Happy, Happy: My Life and Legacy as the Duck Commander Bye Bye Thunder Thighs: The
Weight Loss Diet Plan for Pear Shapes (Includes 30 Recipes) Bye Bye Thunder Thighs: The Weight
Loss Diet Plan for Pear Shapes Each Peach Pear Plum board book (Viking Kestrel Picture Books)
Each Peach Pear Plum (I-Spy-Books (Viking)) The Everything Ice Cream, Gelato, and Frozen
Desserts Cookbook: Includes Fresh Peach Ice Cream, Ginger Pear Sorbet, Hazelnut Nutella Swirl
Gelato, ... Lavender Honey Ice Cream...and hundreds more! Pear Shaped: The Funniest Book So
Far This Year About Brain Cancer A Short & Happy Guide to Federal Income Taxation (Short &
Happy Guides) Happy Brain: 35 Tips to a Happy Brain: How to Boost Your Oxytocin, Dopamine,
Endorphins, and Serotonin (Brain Power, Brain Function, Boost Endorphins, Brain Science, Brain
Exercise, Train Your Brain) Happy Deadlifting: Tension and Alignment Shortcuts to Maximize Your
Hips and Glutes for Happier Pulling (Happy Biomechanics Book 1) Happy This Year!: The Secret to
Getting Happy Once and for All Happy to Be Nappy (Board Book) Happy to Be Nappy LEON Happy
Salads (Happy Leons) The Happy Granny Smoothie Book and Fiber Primer: Using Smoothies and
Juices to Get Your Five-a-Day and Regain a Happy Tummy Whole Health for Happy Cats: A Guide
to Keeping Your Cat Naturally Healthy, Happy, and Well-Fed (Quarry Book) A Short & Happy Guide
to Bankruptcy (Short & Happy Guides) A Short & Happy Guide to Business Organizations (Short &
Happy Guides) A Short & Happy Guide to Property (Short & Happy Guides)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)